

**Rije® Cup Instruction for Use**  
*Model RJ2*  
**Video Instructions at [www.rije.ca](http://www.rije.ca)**

**Indications**

For people suffering with difficulty in swallowing (dysphagia), developmental disabilities, motor impairment, or requiring predetermined doses of liquid.

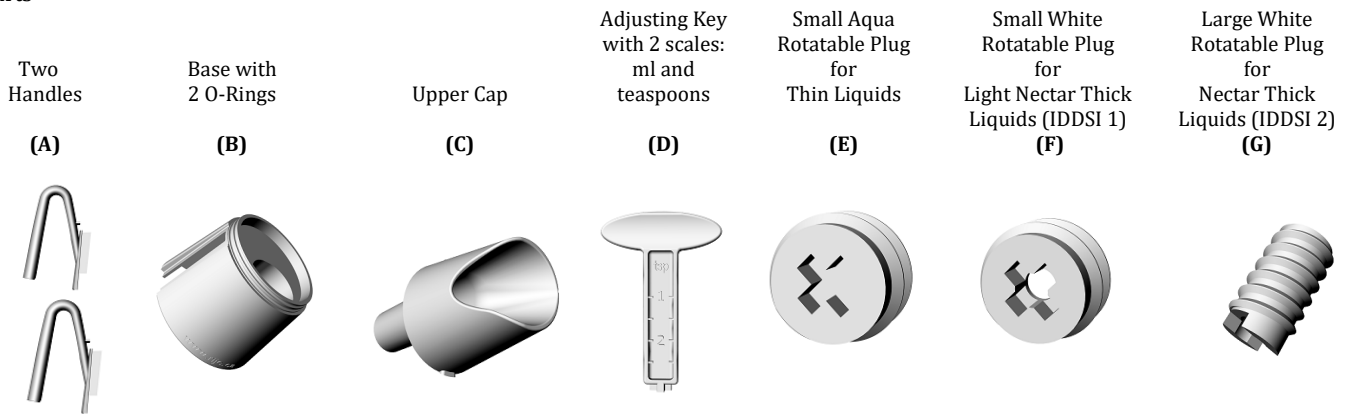
**Precautions and Warnings**

- Please seek the advice of a medical professional prior to using this cup.
- Instructions must be read prior to use. **Please watch video instructions at [www.rije.ca](http://www.rije.ca).**
- Wash the cup prior to use.
- Rije® Cup is designed to use with thin and nectar thickened liquids (IDDSI Standards 0, 1, 2). Carbonated beverages will render Rije® Cup ineffective for delivering an accurate dosage.
- Do not use Rije® Cup for boiling liquids in a microwave.
- Hold Rije® Cup upside down when opening to prevent spillage.

**Features**

- Dispenses controlled boluses of thin or nectar thickened liquids;
- Allows adjusting bolus volume. Please find the adjustable ranges in the table below;
- Holds up to 250 ml of liquid;
- Adjusting Key has two scales: ml and tea spoons;
- Allows drinking controlled liquid boluses from the cup's rim or through a regular straw.
- Good nose clearance;
- Built up handles provide secure grip;
- Spill-control does not allow spilling more than one bolus of liquid if the cup is dropped;
- Stable base;
- Dishwasher safe;
- BPA Free.

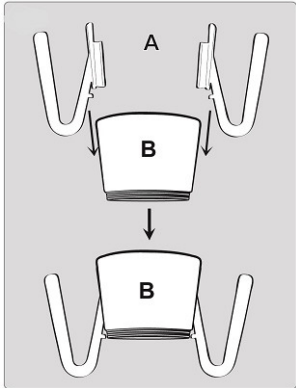
**Parts**



<b>Choosing correct Rotatable Plug (either E, or F, or G) for Thin or Nectar Thickened Liquids (IDDSI Standards 0, 1, 2).</b>			
<p>Note:</p> <ul style="list-style-type: none"> <li>• <b>ONLY ONE</b> of the Plugs should be inserted into the Upper Cap C at a time. The Plug should be chosen according to the viscosity (thickness) of a liquid being used at the moment.</li> <li>• <b>The viscosity (thickness) of a nectar-like liquid is highly dependent on temperature of the liquid, the type of thickening product (if any) is being used, and the time it was allowed to thicken.</b></li> </ul>			
Liquid's Viscosity	Rotatable Plug to Use	Dispensed Volume and Adjustable Range	Notes
Thin Liquids Cold or Hot. IDDSI Level 0 – Thin Liquids  Examples: water, coffee, tea, milk, orange juice, Ensure®, Boost®, etc.	Small Aqua Plug E.	Adjustable from 3ml to 15ml * Use Adjustable Key D to set up volume	* Thin Liquids always should be used with Plug E.
Low viscosity Nectar Thick Liquids (Light Nectar Thick Liquids) IDDSI Level 1 – Slightly Thick Liquids	Small White Plug F.	Adjustable from 5ml to 12 ml * Use Adjustable Key D to set up volume * Accuracy of adjustment depends on liquid's viscosity	* If the liquid you use at the moment takes long time to build the next dose, use plug G, or use Rije Cup without any plug. * If the liquid you use at the moment dispenses inconsistent doses, try plug E.
High viscosity Nectar Thick Liquids IDDSI Level 2 – Mildly Thick Liquids	Large White Plug G.	Approximately 1 teaspoon * Use Adjustable Key D to screw in Plug G into Upper Cap C	* If the liquid you use at the moment produces inconsistent doses, try plug F or E.
	Use the cup Without any Plug	Approximately 1 tablespoon	

## Assembly

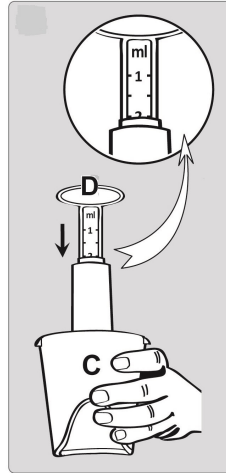
**Step 1:**  
Attach Handles **A** to Base **B**.



**Step 2:**  
Screw in **ONLY ONE** of Rotatable Plugs either **E**, or **F**, or **G**, depending on the thickness of the liquid used at the moment (please see table above)



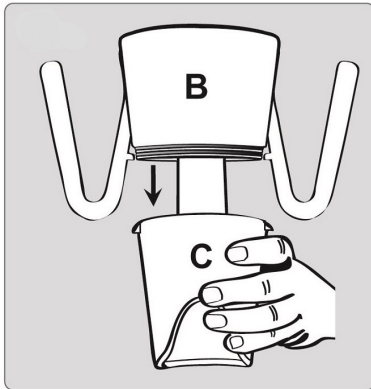
**Step 3:**  
Adjust bolus volume for Plugs **E** or **F**: insert Key **D** into sleeve of Upper Cap **C** and turn the Plug. To achieve desired volume, align scale line on the Key **D** with the edge of the sleeve.



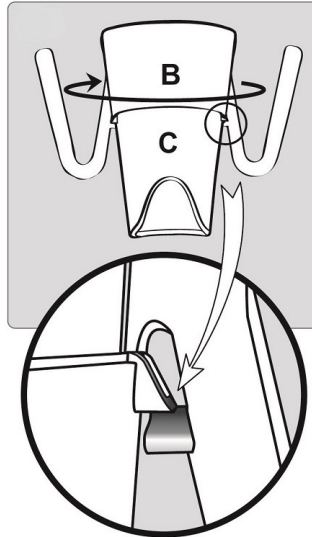
**Step 4:**  
Fill liquid into Upper Cap **C**.



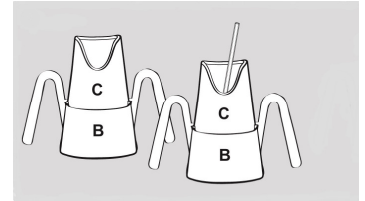
**Step 5:**  
Put Base **B** over Upper Cap **C**. Be sure that the sealing O-rings are in the grooves on Base **B**.






**Step 6:**  
To lock the cup turn Base **B** against Upper Cap **C**. Be sure that locks on Handles **A** fit underneath locks on Upper Cap **C** as shown below.



**Step 7:**  
RiJe Cup dispenses controlled liquid bolus each time it is put in upright position.



Correct drinking position		Incorrect drinking position
Drinking controlled volumes from an open cup.	Drinking control volumes through a regular straw. When drinking, always slightly incline the cup to ensure accurate dosage.	When drinking, you should always slightly incline the cup to ensure accurate dosage.
		

**After each sip, place the cup in an upright position (Step 7) to allow next portion to be allocated.**